## Medford Fire Department







Tuesday, March 3rd 2:30pm – 8:30pm

171 Oregon Avenue-Medford
Second Floor - Meeting Room
Your luck runs in your veins — and brings more
than wealth to those it touches — it brings life.
Donating is safe & simple.
Your donation saves up to 3 lives!

For more info: Mike Barry - 516-238-3861

Please eat a meal & drink plenty of water before donating.

Also if you have been deferred in the past for low iron/anemia, start eating iron rich foods today!

## **Eligibility Criteria:**

Bring your **Donor Card** or ID

- Eat well (low fat) & drink fluids
- Minimum weight: 110 lbs.
- Age 16 75 Over 75 with Doctors note
- 16 year olds must have parental permission
- No New tattoos for past 12 months

For questions concerning medical eligibility:

www.nybc.org | 1-800-933-2566

Assemblyman Joe DeStefano contact information :, District Office: 1735 No. Ocean Ave, Ste. A, Medford, NY 11763 631-207-0073





























