

# PREPARE FOR THE UPCOMING HURRICANE SEASON



Assemblyman  
**Joe DeStefano**

## **PREPAREDNESS CHECKLIST**

### PREPARE A BASIC KIT WITH THE FOLLOWING ITEMS:

- Bottled water - 3-5 day supply (1-3 gallons per person, per day)
- Nonperishable food (3-5 day supply, replace every six months)
- Battery powered radio or television and extra batteries
- First aid kit
- Whistle to signal for help
- Moist towelettes or baby wipes
- Toiletries and personal hygiene products
- Manual can opener
- Plastic sheeting and duct tape for shelter
- Daily prescription medication, infant formula, diapers, and important family documents such as insurance papers
- Wooden kitchen matches in a plastic container



### OTHER GENERAL ITEMS

- Camera and film to record damage
- Cash (ATM may not work)
- Charcoal for grill, lighter fluid, or full tank or propane for gas grills (for outdoor use only)
- Extra cell phone battery (charged)
- Garbage bags
- Lantern/flashlight
- Sturdy rubber boots for floods
- Fire extinguisher
- Special items for the elderly
- Toilet tissue and paper towels
- Work gloves



### BABIES AND CHILDREN

- Baby formula and nonperishable foods
- Toys (non-battery)
- Diapers and diaper rash cream
- Medications



### DOCUMENTS

- All documents should be stored in waterproof and portable containers
- Emergency contact information
- Copies of homeowner's, auto and life insurance policies
- Inventory list of property
- Photo ID and proof of residence
- Bank and credit card information
- Social Security cards, wills, deeds, birth and marriage certificates



### DON'T FORGET YOUR PETS!

- Pet carrier/cage with toy
- Food and water
- Leash/harness with ID tag



### TIPS

- If you must evacuate, the best way to prevent your pet from being lost or injured is to evacuate them too
- Call ahead to find hotels and motels that accept pets
- Find a friend or relative who can shelter your pet
- Prepare a list of boarding facilities, veterinarians, or animal shelters that provide emergency shelter



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I want to hear from you! To contact me, please visit my District Office at 3245 Route 112, Building 2, Ste. 6, Medford, NY 11763, call me at 631-207-0073, or email me at [destefanoj@nyassembly.gov](mailto:destefanoj@nyassembly.gov)