



**YOU  
DON'T  
HAVE TO  
FIGHT  
ALONE**



**DOUG  
SMITH**  
NYS Assemblyman

IF YOU'RE CONCERNED THAT  
**A LOVED ONE**  
MAY BE ABUSING DRUGS, HERE  
ARE SOME WARNING SIGNS:

- Bloodshot eyes
- Weight loss or weight gain
- Skipping school
- Withdrawal from family and friends
- Mood swings
- Loss of interest in hobbies
- Deceptive behavior

WHEN TALKING TO  
**A LOVED ONE**  
ABOUT SUSPECTED  
DRUG ABUSE, DO NOT:

- Bribe, preach, or punish
- Give an ultimatum
- Enable their drug addiction
- Speak negatively
- Blame yourself
- Give up



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# HELPING AND HEALING

Many of us have been affected by the hardships of a loved one struggling with addiction.

That's why Doug has sponsored legislation to help combat drug abuse and the opioid crisis:

- Provides insurance coverage for detoxification and rehabilitation services (A.5834).
- Increases penalties for drug trafficking and possession with the intent to sell fentanyl (A.5877).
- Improves living conditions of sober homes (A.6412).
- Enables family members to help by giving them tools through the court (A.5742).
- Voted YES to provide \$211.6 million to address the opioid epidemic (A.2003-D).



## HELP IS AVAILABLE FOR YOU OR YOUR LOVED ONE.

Seaford Center: ..... **800-448-4808**

Suffolk County  
Substance Abuse Hotline: ..... **631-979-1700**

Long Island Prevention  
Resource Center at ..... **631-650-0135**  
or ..... **[www.liprc.org](http://www.liprc.org)**

**PLEASE CLIP AND SAVE THIS INFORMATION.**



**DOUG**  
**SMITH**  
NYS Assemblyman

For more information on this or any legislative matter, contact my district office at:  
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