

Important Local Contacts

NEW YORK STATE OFFICE FOR THE AGING	NYSOFA@aging.ny.gov
NEW YORK STATE DEPARTMENT OF HEALTH	
The Official Health Plan Marketplace	1-855-355-5777
NY CONNECTS	
Your link to Long-Term Services and Supports	1-800-342-9871
U.S. GOVERNMENT AGENCIES	
Federal Information Center (for all locations)	1-800-333-4636
Health Care Fraud Hotline (Inspector General)	1-877-873-7283
Internal Revenue Service - Information Line	1-800-829-1040
Lawyers' Fund for Client Protection	1-518-434-1935 or 1-800-442-3863
Social Security Administration Hotline	1-800-772-1213
	TTY 1-800-325-0778
Department of Veterans' Affairs	1-800-827-1000
TOLL-FREE HELPLINES & OTHER IMPORTANT NUMBERS	
Alliance for Aging Research	1-202-293-2856
Alzheimer's Association	1-800-272-3900
Leading Age	1-202-783-2242
American Cancer Society Response Hotline	1-800-227-2345
American Diabetes Association	1-800-342-2383
American Heart Association	1-800-242-8721
American Stroke Association	1-888-478-7653
American Lung Association	1-800-548-8252
Arthritis Foundation Information Line	1-800-283-7800
Medicare and Medicaid Services Hotline	1-800-MEDICARE
	(1-800-633-4227)
National Cancer Institute	1-800-422-6237
National Consumer Voice for Quality	
Long-Term Care	1-202-332-2275

National Hospice Organization	1-800-658-8898
National Institute on Aging	1-800-222-2225
Parkinson's Disease Foundation	1-800-473-4636
NYS Department of Veterans' Services	1-888-VETS-NYS
	1-888-(838-7697)
Veterans Crisis Line	988 Ext. 1
National Suicide Prevention Hotline	988
Help for Alcoholism, Drug Abuse, Gambling	1-877-8-HOPENY
	or (1-877-846-7369)

**NASSAU COUNTY
DEPARTMENT OF
HUMAN SERVICES
OFFICE FOR THE AGING**
60 Charles Lindbergh Blvd.
Uniondale, NY 11553-3691
(516) 227-8900

For more information regarding
the EPIC program, visit
<http://on.ny.gov/2Aye3o8> or call
1-800-332-3742
(TTY: 1-800-290-9138).

- To join EPIC, a senior must:**
- Be a New York State resident;
 - Have an annual income below \$75,000 if single or \$100,000 if married;
 - Be enrolled or eligible to enroll in Medicare Part D (no exceptions); and
 - Not be receiving full Medicaid benefits.

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors 65 and older administered by the Department of Health.

What is EPIC?

New York State Assembly
Albany, NY 12248

SENIOR RESOURCE GUIDE



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Golden Park Program

If you are a New York State resident 62 or older, on any weekday (except holidays) you can obtain:

- **Free vehicle access to many state parks, boat launch sites and arboretums**
- **Fee reduction to state historic sites and state-operated golf courses**

You can do the above simply by presenting your currently valid New York State Driver License or New York State Non-Driver Identification Card.*

For locations with pay stations, please contact the facility directly for information.
For information about facilities where this program is valid, contact:

New York State Parks

Albany, NY 12238

518-474-0456

TTY/TDD through 711 Relay Service

**A New York State Driver License or a New York State Non-Driver Identification Card may be obtained from your local Motor Vehicle office. You may want to contact them first to be certain you bring the required forms of identification.*



What is HIICAP?

HEALTH INSURANCE INFORMATION COUNSELING AND ASSISTANCE PROGRAM

- HIICAP is available to Medicare beneficiaries and/or their caregivers
- Counselors certified by NYS provide information to help you make informed decisions regarding health insurance issues
- Health insurance information and counseling—your one-on-one counseling session is confidential and specific to your situation
- HIICAP can help you:
 - ✓ Understand Medicare Part D
 - ✓ Choose between Medicare and Medicare Advantage plans
 - ✓ Find ways to pay for prescriptions and medical equipment
 - ✓ Learn about prevention and screening coverage that keeps you healthy and helps detect issues early

and more!

HOTLINE: 1-800-701-0501

WHAT IS NY CONNECTS?

NY Connects helps anyone who needs information on long-term services and supports individuals of all ages or with any disability. NY Connects may also help families, caregivers and professionals.

NY Connects can help you...

- Find care and support
- Remain independent
- Understand care options
- Find transportation
- Learn about supports for caregivers
- Find supported employment programs
- Get answers about Medicaid
- Apply for medical and other benefits

Senior Citizens Real Property Tax Exemption

Local governments and school districts in New York State can opt to grant a reduction on the amount of property taxes paid by qualifying senior citizens. This is accomplished by reducing the taxable assessment of the senior's home by as much as 50 percent.

To qualify, seniors generally must be 65 years of age or older and meet certain income limitations and other requirements. To see if your locality provides a tax exemption, call your local assessor.

For more information or questions concerning state government, please contact:

Assemblyman John Mikulin's District Office
1975 Hempstead Turnpike, Suite 202
East Meadow, New York 11554

1-516-228-4960 — mikulinj@nyassembly.gov

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