Donate **blood**
save a life.

Join
Assemblyman
Ed Ra
at his
Community
Blood Drive

Two NY Mets tickets mailed to each donor!

Assemblyman Ed Ra and Long Island Blood Services are conducting a Blood Drive

Monday, July 22, 2:00 p.m. – 8:00 p.m. at the Gold Coast Library 50 Railroad Avenue, Glen Head

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

+ **Bring valid photo or signature identification**

+ **Weigh at least 110 lbs**

+ **Be age 16-75 (16-year-olds must have parental permission, age 76 and over need doctor's note)**

+ **Eat well and be hydrated prior to appointment**

+ **Not have gotten a tattoo within past 12 months (unless applied in New Jersey)**

Edward P. Ra

Please call Assemblyman Ra's office to schedule an appointment, or for any other state questions or concerns:

516-535-4095

1225 Franklin Avenue, Suite 465
Garden City, NY 11530

rae@assembly.state.ny.us

Long Island *Blood Services*