

New York State Assembly Albany, NY 12248

# Donate blood save a life.

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Join  
NYS Assemblymen  
Ed Ra & Michael  
Montesano at their  
Community  
Blood Drive



ASSEMBLYMAN  
**ED★RA**  
19th Assembly District



# ***Save lives this winter!***

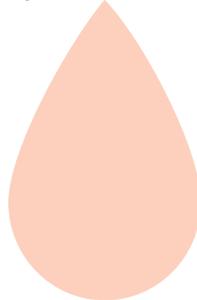
## **Assemblymen Ed Ra & Michael Montesano are teaming up with the Gold Coast Library for a Winter Blood Drive**

Wednesday, January 20, 1:00 p.m. – 7:00 p.m.  
at the Gold Coast Library  
50 Railroad Avenue, Glen Head, NY

Donor's temperature will be taken prior to starting the donation process. All donors must wear face coverings. Proper social distancing guidelines will be followed.

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16 - 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment



Appointments preferred! Walk-ins only welcomed if social distancing can be maintained. To make an appointment, please visit <https://bit.ly/MontesanoRaBloodDrive>.

For other questions or concerns, contact Assemblyman Ra:

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Garden City, NY 11530

516-535-4095

[rae@nyassembly.gov](mailto:rae@nyassembly.gov)



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 **New York**  
*Blood Center*