

Rebecca Seawright

ASSEMBLYMEMBER



Dear Friends and Neighbors,

In February we are honored to celebrate Black History Month and the New Yorkers whose numerous contributions, activism, leadership, and resilience helped shape our city and advance the fight for equality. Here on the Upper East Side, in Yorkville, and on Roosevelt Island, we recognize the lasting contributions of Black leaders, advocates, artists, and community members whose work strengthened our neighborhoods and our state. This year, we are celebrating by sponsoring a Black History Month essay contest to encourage students to reflect on this legacy and the ongoing pursuit of equity, justice, and opportunity for all.

As Chair of the Aging Committee, this week I questioned witnesses at the Human Services hearing to examine the critical funding priorities that impact older adults, individuals with disabilities, and vulnerable New Yorkers across our state. The hearing provided an important opportunity to question agency leaders, elevate the needs of our aging population, and advocate for the programs and services that allow seniors to live with dignity, independence, and security in their communities.

Stay safe this weekend. From this evening through Monday, February 9, New York City will experience snow, high winds, and dangerously cold temperatures. Due to the extreme cold, warming centers are open and available to anyone in need of a safe, heated space. These locations may include schools on weekends, hospitals, buses, and designated drop-in centers across the city. New Yorkers are encouraged to take advantage of this vital resource to stay warm and safe during dangerously low temperatures. To find the nearest warming center, residents can visit NYC 311's online portal or call 311 for assistance.

Assembly Member Rebecca A. Seawright is now accepting nominations for the annual Women of Distinction Awards, recognizing outstanding women in our community for their leadership, service, and advocacy. If you know someone who deserves this honor, we encourage you to submit a nomination. Ceremony details will be announced soon—join us in celebrating the women who make a difference every day.

Please consider joining our office at our upcoming events:

- Tuesday, February 10, starting at 3:30pm- **No-Cost Housing Legal Clinic** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Street). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to make an appointment.
- Wednesday, February 11 from 10:00 am- 1:00 pm - **Benefits Screening with LiveOn NY** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Street). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to make an appointment.
- Wednesday, February 18 from 10:00 am-12:00 pm- **MTA OMNY Service Bus** stops at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Street). Ask questions or refill your OMNY account.

- Friday, March 27 from 10:00 am- 12:00 pm- **Virtual Rat Academy** Training for building supers and staff, homeowners and tenants, managing companies, and business owners. Attendees may enter a raffle for a chance to win a rodent-resistant trash can. RSVP here: <https://forms.gle/75ioT6BUQegZFdJ39>
- Thursday, April 16 from 9:00 am- 4:30 pm- **No-Cost Screening Mammograms** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Street). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to make an appointment.

Stay safe and warm, and remember that our office is always a phone call, email, or visit away.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,



REBECCA A. SEAWRIGHT

Chair Seawright Leads Human Services Budget Hearing Focused on Aging and Independent Living



At this year's Joint Legislative Budget Hearing on Human Services, Assembly Member Rebecca A. Seawright, Chair of the Assembly Committee on Aging, pressed State leaders and advocates on a central question: why New York is still underfunding the very services that allow older adults to live independently and with dignity. Throughout the hearing, she highlighted the real consequences of long waitlists for meals, home care, transportation, and caregiver support, drawing attention to evidence that modest investments in home and community-based services save Medicaid dollars by preventing nursing home placements.

Testimony from advocates and service providers including AARP New York, the New York Statewide Senior Action Council, Association on Aging, New York Foundation for Senior Citizens, Project

Guardianship, SAGE, LiveOn NY, the Human Services Council, and the New York State Coalition Against Domestic Violence reinforced the urgency of her questions. Witnesses detailed how modest investments in home and community-based services prevent costly nursing home placements, support family caregivers, address workforce shortages, and reduce isolation for vulnerable older adults.

Winter Weather Alert: Snow, High Winds & Extreme Cold



From Friday evening, February 6, through Monday, February 9, New York City will experience snow, high winds, and dangerously cold temperatures.

Snow beginning Friday night may create icy streets and sidewalks. On Saturday, wind gusts up to 50 mph could cause flying debris and possible power outages. Through Monday, extreme cold and wind chills increase the risk of frostbite and hypothermia.

Sanitation crews remain on 12-hour shifts from the January 25 storm and are prepared to salt roadways. Trash, recycling, and compost collection will continue on schedule, though pick-up times may vary.

Stay safe:

- Avoid unnecessary travel and use caution outdoors
- Dress in warm layers and cover exposed skin
- Check on older adults, neighbors, and people with disabilities
- Property owners must clear sidewalks
- Prepare for possible power outages (charge devices, gather supplies)

If you suspect frostbite or hypothermia, call 911.

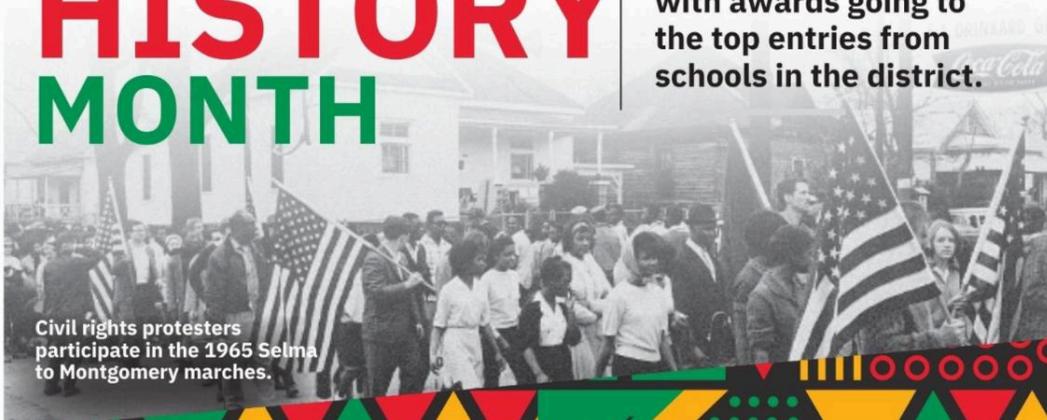
For updates, visit nyc.gov/snow, call 311, or sign up for NotifyNYC at nyc.gov/notify.

FEBRUARY IS NATIONAL

BLACK HISTORY MONTH

Assembly Member Seawright

is sponsoring a
National Black History
Month essay contest,
with awards going to
the top entries from
schools in the district.



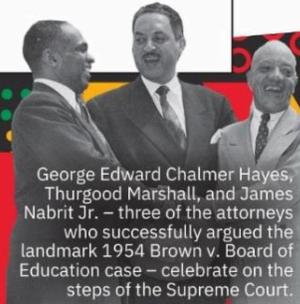
Civil rights protesters participate in the 1965 Selma to Montgomery marches.

ESSAY CONTEST

Tell us about a Black American who stood up to injustice or broke down barriers. Or tell us about a significant moment or event that helped shape American history.



Send your essay by 02/27/26 to:
Assembly Member Rebecca Seawright
1485 York Avenue, New York, NY 10075
212-288-4607, SeawrightR@nyassembly.gov



George Edward Chalmers Hayes, Thurgood Marshall, and James Nabrit Jr. – three of the attorneys who successfully argued the landmark 1954 Brown v. Board of Education case – celebrate on the steps of the Supreme Court.

Assembly Member Rebecca Seawright *is seeking nominations for the* **2026** **WOMEN OF DISTINCTION AWARDS**



***TOGETHER, LET'S RECOGNIZE THE
EXTRAORDINARY WOMEN WHO ARE
MAKING OUR COMMUNITIES STRONGER.***

Nominations must be submitted by 03/27/26.
Nominees must live/work in the 76th Assembly District, which includes Upper
East Side, Yorkville, and Roosevelt Island.



Please visit
nyassembly.gov/seawright
or scan the QR code to
nominate a woman you know
who has made a difference in
your life or the lives of others.



ASSEMBLYMEMBER REBECCA A. SEAWRIGHT

1485 York Avenue, New York, NY 10075
212-288-4607 • SeawrightR@nyassembly.gov

[Click here to make your nomination](#)

Consider Our Office Your Resource

TAX PREPARATION RESOURCES 2026

**SINGLE STOP OF FEDCAP GROUP @ ROOSEVELT
ISLAND OLDER ADULT CENTER
546 MAIN STREET, NEW YORK, NY 10044
TUESDAYS FROM FEBRUARY 4TH UNTIL APRIL 14TH**

PLEASE MAKE AN
APPOINTMENT ONLINE



**NYC FREE TAX PREP @ AARP AT
THE 58TH STREET BRANCH LIBRARY
127 EAST 58TH STREET, NEW YORK, NY 10022
FEB 05, 2026 TO APR 09, 2026; THURSDAY: 10:15AM TO 2:30PM
MAKE AN APPOINTMENT AT 914-363-8510**

**NYC FREE TAX PREP @ UNION SETTLEMENT
237 EAST 104TH STREET, NEW YORK, NY 10029
FEDCAP/SINGLE STOP AT UNION SETTLEMENT (237
EAST 104 STREET)
WEEKDAYS, 9AM - 5PM
MAKE AN APPOINTMENT AT (800) 290-7189 OR ONLINE**

PLEASE MAKE AN
APPOINTMENT ONLINE



**Rebecca
Seawright**
ASSEMBLYMEMBER



BENEFITS SCREENING & APPLICATION ASSISTANCE

LiveOn NY

Making New York a better place to age

**Rebecca
Seawright**

 ASSEMBLYMEMBER

Wednesday, February 11th, 2026

10:00am-1:00pm

at

**The Office of AM Rebecca Seawright
1485 York Avenue**

By appointment only!

Please call 212-288-4607 or

seawright@nyassembly.gov to register

**In order to be screened for benefits,
please bring the following
documents, if possible:**

- **ID, Social Security card & Medicare card**
- **Proof of current monthly income (2026 Social Security award letter, pension statement, paystubs)**
- **Rent/maintenance/mortgage statement**
- **Current and previous leases (for SCRIE/DRIE)**
- **Utility bills**
- **Medical bills within the last 3 months (if applicable)**

**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



OMNY BUS

**STOPS HERE
(79/YORK):**

WED. 2/18, 3/4

10:00 AM - 12:00 PM

REFILL YOUR
OMNY CARD

APPLY FOR
REDUCED FARE



Virtual Rat Academy

Sponsored by

**NYS Assembly Member
Rebecca Seawright**

Friday, March 27th, 2026

10:00 AM - 12:00 PM.

Free training for:

- Building supers and staff
- Homeowners and tenants
- Managing companies
- Business owners

Learn about:

- Rat prevention methods

To sign up
Scan QR code below



* ATTENDEES WILL BE
ENTERED INTO A RAFFLE TO
WIN A RODENT-RESISTANT
NYC GARBAGE BIN! *

Thursday, April 16, 2026

9:00am to 4:30pm

The Office of Assembly Member

Rebecca Seawright

1485 York Avenue

New York, NY 10075



Call to schedule a no-cost mammogram!

212-288-4607

ELIGIBILITY:

Women ages 40- 75

Currently living in NYC

- No mammogram in the past 12 months



Our services are at no-cost

- No co-pays or deductibles required. Uninsured patients are welcome
- Please bring a photo ID and insurance card (if insured)
- Medical services provided by Multi-Diagnostic Services

Funded by a grant from New York State Department of Health **Cancer Services Program** Your partner for cancer screening, support and information Additional funding provided by the generous support of the JALBCA, NBCF, NYC Council, NYC DOHMH, NYS Senate, RAR Foundation, and individual patrons.

Upcoming Events

ACC invites you to spend Valentine's Weekend with a

Shelter Sweetheart

Start with a weekend, see where it goes!

Looking for a different kind of Valentine's plan?
Open your home to a large shelter dog for a
short-term foster weekend!

[Click here to sign up!](#)

Sign up required, even if you previously reached out during Blizzard Buddies.



*All the space your
Shelter Sweetheart needs!*





Health Advocates for Older People

Free Equipment Fair

Mobility, Home Safety and Personal Items

Monday, February 9, 2026

10:30 a.m. - 12:30 p.m.

Church of the Holy Trinity

316 East 88 St.

(between 1st & 2nd Ave.)

Lower Level

Increase your mobility and comfort with free equipment to support safe, healthy aging.

Mobility Aids

Canes
Crutches
Rollators
Walkers
Wheelchairs

Bathroom Safety

Shower Chairs
Raised Toilet Seats
Commodes

Personal Items

Disposable Briefs
Disposable bed covers
and more ...

Items are subject to availability and provided in as-is condition

For more information, contact:

Patricia Baker, Equipment Program Coordinator

✉ info@hafop.org

☎ **212-980-1700 ext. 201 or 212-831-1700**

Health Advocates for Older People promotes safe and healthy aging for New Yorkers.
Services are free of charge thanks to generous donations from government agencies, foundations and individuals.
420 Lexington Ave., Suite 1402 | New York, NY 10170. www.hafop.org



Celebrate our 40th!

Health Advocates invites you to join us in celebrating 40 years of serving the community!



Saturday,

March 14, 2026, 3-5 PM

Brick Church, Watson Hall, 62 East 92 ST



Reception with light refreshments
and a special performance
and sing-along from



Sing For Your
Seniors

This event is free of charge. RSVP required by March 4, 2026

info@hafop.org or 212-980-1700, ext. 206



Health Advocates for Older People promotes safe and healthy aging for New Yorkers. Our programs are supported by generous donations from individuals, foundations, and government agencies.

Health Advocates for Older People

420 Lexington Ave., suite 1402 | New York, NY 10170 | 212-980-1700 | www.hafop.org

In Case You Missed It: Past Editions of the Community Report

[Community Update: January 30, 2026](#)

[Community Update: January 23, 2026](#)

[Community Update: January 16, 2026](#)

[Community Update: January 9, 2026](#)

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