

Rebecca Seawright

ASSEMBLYMEMBER



Dear Friends and Neighbors,

I'm honored to be appointed to the Health Subcommittee of the 2026 General Budget Conference Committee. I look forward to working with my colleagues to ensure the state budget supports the health and well-being of all New Yorkers. As Chair of the Assembly Committee on Aging, I worked to ensure that the one-house budget resolution passed this week protects the programs and services older adults rely on every day while strengthening the nonprofit organizations and healthcare providers that serve them. I look forward to continuing negotiations with our colleagues to deliver a final budget that protects older New Yorkers, supports families, and strengthens our communities.

We owe a debt of gratitude to Manhattan Borough Chief Aaron Edwards, Sergeant Luis Navarro, and the officers who ran toward danger during last weekend's attempted terrorist attack in our neighborhood on East End Avenue. I also thank NYPD Commissioner Jessica Tisch for continuing to keep us informed as the investigation unfolds. We remain in close contact with our city, state, and federal partners and will continue working together to ensure the safety and security of our communities.

I was pleased to join AARP and City & State for a panel on the funding and implementation of the Master Plan for Aging. We need to match the pride that we feel for the numerous contributions of older adults to New York State with the high-quality services that they so urgently deserve.

Please consider joining our office at our upcoming events:

- Wednesday, March 18 from 10:00 am to 12:00 pm- **MTA OMNY Service Bus** stops at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Streets). Ask questions or refill your OMNY account.
- Wednesday, March 18 from 10:00 am to 1:00 pm - **Benefits Screening with LiveOn NY** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Street). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to make an appointment.
- Tuesday, March 24 starting at 3:30 pm- **No-Cost Housing Legal Clinic** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to make an appointment.
- Friday, March 27 from 10:00 am to 12:00 pm- **Virtual Rat Academy** Training for building supers and staff, homeowners and tenants, managing companies, and business owners. Attendees may enter a raffle for a chance to win a rodent-resistant trash can. RSVP here: <https://forms.gle/75ioT6BUQegZFdJ39>
- Thursday, April 2 from 10:00 am to 2:00 pm or until the truck fills up! **AARP's Fight Fraud. Shred It!** at Lenox Hill Neighborhood House, 331 East 70 Street (First/Second Avenues).

- Thursday, April 16 from 9:00 am to 4:30 pm- **No-Cost Screening Mammograms** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to make an appointment.

Stay safe and warm, and remember that our office is always a phone call, email, or visit away.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,



REBECCA A. SEAWRIGHT

Gratitude for the Heroism of Chief Aaron Edwards and Sergeant Luis Navarro



Sgt. Navarro and Chief Edwards

We extend our deepest gratitude to Chief Aaron Edwards, Sergeant Luis Navarro, and the officers of the 19th Precinct for their swift, courageous, and dedicated work in protecting our community during recent incidents near Gracie Mansion.

Their vigilance ensured no injuries occurred when two individuals allegedly attempted to detonate explosive devices during protests on Saturday, March 7, and when a suspicious package was reported in nearby Carl Schurz Park on Monday, March 10.

Assembly Member Rebecca A. Seawright said:

“We must speak out and condemn the violent protests that took place on East End Avenue on the Upper East Side this past Saturday outside Gracie Mansion. Hate, including all forms of bigotry, has no place in our community or anywhere in our city or state. Peaceful dissent, our right to disagree with policy, and freedom of expression will not be undermined by the irresponsible actions of a few. I was briefed by the NYPD and 19th precinct and thank them for their swift and dedicated work in protecting our community.”

Our office continues to monitor developments closely and works with city, state, and federal partners to ensure the ongoing safety and security of our neighborhoods.

Seawright Spoke on Panel Focused on the Master Plan for Aging



Assembly Member Rebecca A. Seawright joined advocates, policymakers, and aging service leaders at the “Live from the Well” forum hosted by AARP and City & State New York in the State Capitol. The discussion focused on how New York can move the Master Plan for Aging from vision to implementation through targeted legislation, investments in the state budget, and expanded supports that help older New Yorkers age with dignity in their homes and communities.

One House Budget Resolution Updates



The Assembly's budget proposal lowers costs and invests in New Yorkers.

Below are some of the key highlights that support older New Yorkers and strengthen communities across New York City.

Supporting Older New Yorkers

The Assembly proposal includes significant investments to help older adults age safely, independently and with dignity.

- 4% Cost-of-Living Adjustment (COLA) for human services providers serving older adults, people with disabilities and vulnerable New Yorkers
- \$4 billion Health Care Stability Fund to strengthen hospitals, nursing homes and healthcare providers
- \$30 million for Certified Home Health Agencies and hospice services
- \$24 million to increase Assisted Living Program reimbursement rates
- \$75 million for the Hunger Prevention and Nutrition Assistance Program (HPNAP)
- \$75 million for Nourish New York food access programs
- \$253 million for the Homeless Housing and Assistance Program

These investments help ensure seniors have access to the care, nutrition and housing stability they need while supporting the dedicated workforce that provides these critical services.

Helping Families and Seniors Afford the Cost of Living

The Assembly proposal includes major affordability initiatives designed to ease financial pressure on households across the state.

- \$2.6 billion in Protecting Our Wallets Energy Rebate (POWER) checks to offset high utility bills
- \$500 for households earning under \$150,000
- \$300 for households earning between \$150,000–\$300,000
- Middle-class tax relief for approximately 8.3 million taxpayers earning under \$323,200
- \$3.6 billion investment in childcare assistance and subsidies for working families

These measures provide direct relief and help ensure families, including those caring for older loved ones, can keep up with rising costs.

Investments Impacting New York City

The Assembly proposal also includes major investments that will strengthen housing, transportation and community stability in New York City.

Housing Stability

- \$750 million for NYCHA capital improvements
- \$750 million for Mitchell-Lama preservation and upgrades
- \$250 million for the Housing Access Voucher Program (HAVP) to prevent evictions and homelessness
- \$100 million in operating assistance for NYCHA and Mitchell-Lama developments

Transportation & Accessibility

- \$15 million for fare-free bus routes, including one in each borough
- \$6.4 billion for the Department of Transportation Capital Plan
- \$326 million for non-MTA transit capital projects

Education & Community Support

- \$39.4 billion in total school aid statewide
- \$600 million to support New York City's school class-size mandate

Strengthening Our Communities

The Assembly proposal also provides \$1.5 billion in Temporary Municipal Assistance funding, including \$1 billion for New York City, to help cities maintain essential services and address budget pressures.

These investments ensure that local governments can continue providing the programs and infrastructure residents depend on every day.

Honoring Irish American Heritage with Kathleen Mary Courtney Hochul in Albany



Jay Hershenson, Vice President for Communications and Marketing and Senior Advisor to the President at Queens College, Governor Kathy Hochul and Assembly Member Rebecca Seawright.

SPOTLIGHT ON AGING:



Supporting Vision Health for Older New Yorkers

A new initiative is expanding resources for older adults experiencing age-related vision loss in New York City. Lighthouse Guild recently received a \$32,000 grant from the Lavelle Fund for the Blind to launch a Vision Wellness Initiative in partnership with Health Advocates for Older People.

Age-related vision loss affects one in three adults over age 60, yet it often goes undetected until it significantly impacts mobility, safety, and independence.

This new program will help older adults access:

- Community education workshops on eye health and early detection
- Individualized vision assessments and follow-up support
- In-home safety consultations to help seniors remain independent

By combining Lighthouse Guild's expertise in vision rehabilitation with Health Advocates' decades of community service, the initiative will help more older New Yorkers get the tools and support they need before vision loss becomes a crisis.

Assemblymember Rebecca A. Seawright, Chair of the Assembly Aging Committee, continues to support initiatives that promote healthy aging, independence, and access to essential services for older adults across New York City.

→ Learn more: lighthouseguild.org

Roosevelt Island One-to-One Tech Support for Older Adults

Are you an older adult — or do you know someone who could use help with their tech devices? Student volunteers from the Community Service Club at Cornell Tech are

offering free one-to-one tech assistance to help bridge the digital divide and support older adults in the community.

Twice a year, Cornell Tech students provide personalized support for older adults, helping with everything from smartphones to laptops while building stronger connections with the local community.

Help is available for:

- Cell phones
- Laptops
- iPads and tablets
- Other personal tech devices

Sunday, March 15 | 2:00 PM – 4:00 PM

Tata Innovation Center, Cornell Tech Campus, 11 East Loop Road, Roosevelt Island

How to Register: email jane.swanson@cornell.edu with with your name and the type of assistance you need.

**Assembly Member
Rebecca A. Seawright**
is seeking nominations for the

2026 WOMEN OF DISTINCTION AWARDS



Thursday, May 14
from 6 pm to 8 pm

David H. Koch Center at MSKCC
530 E 74th Street (York / FDR Dr.)

*TOGETHER, LET'S RECOGNIZE
THE EXTRAORDINARY WOMEN
WHO ARE MAKING OUR
COMMUNITIES STRONGER.*

Nominations must be submitted by 03/27/2026.
Nominees must live or work in the 76th Assembly District, which
includes Upper East Side, Yorkville, and Roosevelt Island.



Please visit nyassembly.gov/Seawright or scan
the QR code to nominate a woman you know
who has made a difference in your life or the
lives of others.



ASSEMBLY MEMBER REBECCA A. SEAWRIGHT

1485 York Avenue, New York, NY 10075
212-288-4607 • seawrightr@nyassembly.gov

[RSVP for the Women of Distinction Awards Ceremony Here](#)

[Click here to make your nomination](#)

Protecting Seniors from Online Scams

Assembly Member Rebecca A. Seawright joined advocates and aging leaders at the State Capitol to support the launch of the "Stop the Scam" campaign led by the New York State Alliance for Retired Americans. The statewide initiative aims to raise awareness and provide resources to help older New Yorkers protect themselves from increasingly sophisticated online scams, including fraud schemes powered by artificial intelligence and spread through social media.

According to the Federal Trade Commission, Americans lost an estimated \$4.8 billion to online scams in 2024, with older adults among the most frequently targeted. The campaign will focus on education, prevention, and tools that empower seniors and their families to recognize and report fraud.

“Older New Yorkers deserve to feel safe and secure—both in their communities and online. As scammers use more sophisticated technology to target seniors, we must ensure people have the information and resources they need to protect themselves and their savings. I am proud to support the ‘Stop the Scam’ campaign and work with our partners to raise awareness and strengthen protections for older adults across New York,” said Assembly Member Rebecca A. Seawright.

The campaign brings together advocates, aging service providers, and community organizations to highlight the growing threat of online scams and promote strategies to safeguard retirement security for older New Yorkers.

News You Can Use



These UES ZIP Codes Are Getting New Free 3-K Seats

UPPER EAST SIDE, NY — New York City will add more than 1,000 new, free 3-K seats across 56 ZIP codes this fall, and three of the ZIP codes are on the Upper East Side.

[Read More](#)



One Thousand New 3k Seats Coming To NYC Neighborhoods In September 2026 Including Roosevelt Island - Roosevelt Islander Online

A spokesperson for the Mayor’s office replied that providers have not been selected yet and the number of 3 K seats for each location is still to be determined.

Roosevelt Island PS/IS 217 and the Roosevelt Island Day Nursery (RIDN) are currently 3K providers.

[Read More](#)

Consider Our Office Your Resource



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID
AND YOUR WITNESSES IF YOUR
DOCUMENT REQUIRES THEM

BENEFITS SCREENING & APPLICATION ASSISTANCE

LiveOn NY

Making New York a better place to age

**Rebecca
Seawright**

 ASSEMBLYMEMBER

Wednesday, March 18

10:00am-1:00pm

at

**The Office of AM Rebecca Seawright
1485 York Avenue (78/79 Streets)**

By appointment only!

**Please call 212-288-4607 or
seawright@nyassembly.gov to register**

**GET SCREENED TO SEE
IF YOU ARE ELIGIBLE**

FOR:

**SNAP, SCRIE/DRIE,
SCHE, STAR, HEAP,
Lifeline, Medicaid,
Medicare Savings
Program (MSP), Low
Income Subsidy**

In order to be screened for benefits, please bring the following documents, if possible:

- ID, Social Security card & Medicare card
- Proof of current monthly income (2026 Social Security award letter, pension statement, paystubs)
- Rent/maintenance/mortgage statement
- Current and previous leases (for SCRIE/DRIE)
- Utility bills
- Medical bills within the last 3 months (if applicable)

Thursday, April 16, 2026

9:00am to 4:30pm

The Office of Assembly Member

Rebecca Seawright

1485 York Avenue

New York, NY 10075



Call to schedule a no-cost mammogram!

212-288-4607

ELIGIBILITY:

Women ages 40- 75

Currently living in NYC

- No mammogram in the past 12 months



Our services are at no-cost

- No co-pays or deductibles required. Uninsured patients are welcome
- Please bring a photo ID and insurance card (if insured)
- Medical services provided by Multi-Diagnostic Services

Funded by a grant from New York State Department of Health **Cancer Services Program** Your partner for cancer screening, support and education Additional funding provided by the generous support of the JALBCA, NBCF, NYC Council, NYC DOHMH, NYS Senate, RAR Foundation, and individual patrons.

ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



Virtual Rat Academy

Sponsored by

NYS Assembly Member
Rebecca Seawright

Friday, March 27th, 2026
10:00 AM - 12:00 PM.

Free training for:

- Building supers and staff
- Homeowners and tenants
- Managing companies
- Business owners

Learn about:

- Rat prevention methods

To sign up
Scan QR code below



* ATTENDEES WILL BE
ENTERED INTO A RAFFLE TO
WIN A RODENT-RESISTANT
NYC GARBAGE BIN! *

Upcoming Events

Craft & Create: Shaping Chime In & Write Out!



Saturday, March 14 | 1 - 2:30pm

Join community member **Mx. Je'Jae C. Mizrahi** for a relaxed, 90-minute craft session to help shape our upcoming writing series. Use this tactile creative space to share the themes and stories you want to explore in the months to come.

All supplies are provided.



New York
Public
Library

Roosevelt Island
504 Main street
New York, NY 10044
212-308-6243

Learn about everything happening at
your branch:
nypl.org/locations/roosevelt-island



Construction Updates

Construction Advisory Shared by Memorial Sloan Kettering

Memorial Sloan Kettering Cancer Center has asked that the following notice be shared with neighbors regarding construction activity near its campus.

On Saturday, March 14, from 6:00 AM to 6:00 PM, East 67th Street between York Avenue and First Avenue will be partially closed to allow for a steel delivery to MSK's Haupt Building.

During this time:

- A construction crane will be in use.
- Flag personnel will be on site to safely direct pedestrian and ambulance traffic.
- Advance signage will be posted in the area to alert neighbors about the delivery.

MSK will provide updates if the delivery schedule changes.
Residents with questions can reach out to MSK Community Engagement at CommunityAffairs@mskcc.org.

In Case You Missed It: Past Editions of the Community Report

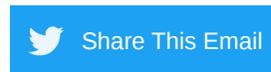
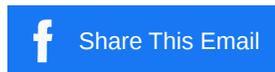
[Community Update: March 6, 2026](#)

[Community Update: February 27, 2026](#)

[Community Update: February 20, 2026](#)

[Community Update: February 13, 2026](#)

Did someone forward this email to you?
[Sign up for our e-news here.](#)



Friends of Rebecca Seawright | PO BOX 20397 | New York, NY 10021 US

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