

Rebecca Seawright

ASSEMBLYMEMBER



Dear Friends and Neighbors,

As Chair of Aging, I was proud to be appointed to the Health Budget Conference Committee, advocating for stronger health care funding, restoring critical Medicaid reimbursements, and ensuring that seniors and our most vulnerable New Yorkers receive the care and support they deserve.

I also had the honor of recognizing two extraordinary leaders, Linda Hoffman and Barbara Baer, during the Legislative Women's Caucus Women's History Month celebration. Their decades of work at the New York Foundation for Senior Citizens has made a lasting impact on older New Yorkers across the state.

Today, I visited the Mobile Museum of Tolerance at Eleanor Roosevelt High School, an initiative I helped bring to New York with \$5.5 million in state funding. I will continue fighting for an additional \$2 million to expand this vital program, which educates students about the Holocaust, combats hate, and promotes tolerance throughout our communities.

I invite you to join us at our upcoming events:

- Tuesday, March 24, 3:30 pm – **No-Cost Housing Legal Clinic** at our Community Office, 1485 York Avenue (78/79 Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to schedule.
- Friday, March 27, 10:00 am – 12:00 pm – **Virtual Rat Academy Training** for building supers, staff, homeowners, tenants, managing companies, and business owners. Attendees may enter a raffle to win a rodent-resistant trash can. RSVP: <https://forms.gle/75ioT6BUQegZFdJ39>
- Wednesday, April 1, 10:00 am – 12:00 pm – **MTA OMNY Service Bus** at our Community Office, 1485 York Avenue (78/79 Streets). Ask questions or refill your OMNY account.
- Thursday, April 2, 10:00 am – 2:00 pm – **AARP's Fight Fraud: Shred It!** at Lenox Hill Neighborhood House, 331 East 70th Street (First/Second Avenues). Event will conclude early if the truck fills up.
- Wednesday, April 8, 10:00 am – 1:00 pm – **Benefits Screening with LiveOn NY** at our Community Office, 1485 York Avenue (78/79 Street). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to schedule.
- Thursday, April 16, 9:00 am – 4:30 pm – **No-Cost Screening Mammograms** at our Community Office, 1485 York Avenue (78/79 Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to schedule.

Stay safe and warm, and remember that our office is always just a phone call, email, or visit away.

Phone: 212-288-4607

Email: SeawrightR@NYAssembly.gov



REBECCA A. SEAWRIGHT

Seawright Honors New York Foundation for Senior Citizens Leaders at the Legislative Women's Caucus Women's History Month Celebration



Assembly Member Rebecca A. Seawright joined the New York State Legislative Women's Caucus on March 18 to celebrate Women's History Month and recognize Linda Hoffman and Barbara Baer.

Linda Hoffman, President and CEO of the New York Foundation for Senior Citizens, has led the organization since 1978, growing it into a 1,500-employee nonprofit with more than 35 programs supporting older adults across NYC.

Barbara Baer, Director of the Foundation's Home Sharing Program, helps older adults remain in their homes by connecting them with compatible housemates, combining her expertise in law and social work to advance elder justice and housing opportunities.

Assembly Member Seawright congratulates both leaders for their decades of dedication and impact in improving the lives of New Yorkers.



Linda Hoffman, Governor Hochul, Assembly Member Rebecca A. Seawright, and Barbara Baer at the ceremony honoring their contributions to older New Yorkers.



The Legislative Women's Caucus.

Seawright Visits Mobile Museum of Tolerance, Advocates for Expanded Funding



Assembly Member Rebecca A. Seawright visited the Mobile Museum of Tolerance at Eleanor Roosevelt High School, an initiative she helped bring to New York through \$5.5 million in state funding, and continues to advocate for an additional \$2 million to expand this vital program that educates students about the Holocaust, combats hate, and promotes tolerance across the state.

Speaker Heastie Appoints Seawright to Negotiate Aging Investments on Health Budget Conference Committee



The Health Budget Conference focused on critical issues affecting New Yorkers' health care, including global cap capital funding, financially distressed hospitals, safety net hospital funding, early intervention programs, reproductive health, and the Medical Indemnity Fund (MIP).

As Chair of Aging, Assembly Member Seawright continues to advocate for New Yorkers' health and the well-being of seniors and vulnerable populations across the state.

Seawright Celebrates CUNY-Grown Elected Leaders in Albany



Chancellor Félix V. Matos Rodríguez, Assembly Member Rebecca A. Seawright, CUNY Law Dean Natalie Gomez-Velez, and Queens College President Frank H. Wu.

Assembly Member Rebecca A. Seawright joined fellow legislators at the CUNY-Grown Elected Leaders celebration in Albany, hosted by Chancellor Félix V. Matos Rodríguez, recognizing the vital role the City University of New York plays in shaping public servants and strengthening communities across the state.

Seawright Meets with CUNY Student Leaders to Discuss Legislative Priorities



Joseph Awadjie (CUNY Liaison), Akkeem Polack (CUNY Student Trustee & USS Chairperson), Assembly Member Rebecca A. Seawright, and Kinza Arshad (USS Executive Director).

Assembly Member Rebecca A. Seawright met with CUNY Student Trustee and University Student Senate Chairperson Akkeem Polack at her district office to discuss the legislative

priorities of CUNY students and explore ways to support their academic success, workforce readiness, and campus stability across the state.

Travel Tip: Enroll in STEP Before You Go!

If you're planning to travel abroad, the Smart Traveler Enrollment Program (STEP) is a free service offered by the U.S. Department of State that helps you stay connected with the nearest U.S. embassy or consulate. By enrolling, you can:

- Receive important safety updates about your destination.
- Make it easier for the embassy to contact you in an emergency.
- Help family and friends reach you if needed.

Enrollment is quick and free! Sign up before your trip at step.state.gov.

Driver Desperately Needed For Roosevelt Island Disabled Association Bus To Transport RIDA Members



Roosevelt Islander Online

The Roosevelt Island Disabled Association (RIDA) has a job available for person to drive their bus. According to RIDA President Wendy Hersh: We are in desperate need to hire a driver for our RIDA bus. The driver must have a Commercial Driver's License.

[Read More](#)

**Rebecca
Seawright**
ASSEMBLY MEMBER

SPOTLIGHT ON AGING:



VOLUNTEERING IS AGELESS IN NYC!

The NYC Department for the Aging is recruiting volunteers for age-inclusive opportunities including,

- o Friendly Visiting
- o Foster Grandparent Program
- o Group Projects
- o Unique Opportunities and much more.

Make a difference in an older adults life!



Become a volunteer today!
Call 212-AGING-NYC (212-244-6469)
or visit nyc.gov/aging



Vote for the 2026 Summer Movie Series in Southpoint Park

2026 OUTDOOR SUMMER MOVIE SERIES POLL



qrco.de/movie26



**Polling ends
March 31st.**



**Roosevelt Island
Operating Corporation**

**Assembly Member
Rebecca A. Seawright**
is seeking nominations for the

**2026
WOMEN OF
DISTINCTION
AWARDS**



Thursday, May 14
from 6 pm to 8 pm

David H. Koch Center at MSKCC
530 E 74th Street (York / FDR Dr.)

*TOGETHER, LET'S RECOGNIZE
THE EXTRAORDINARY WOMEN
WHO ARE MAKING OUR
COMMUNITIES STRONGER.*

Nominations must be submitted by 03/27/2026.
Nominees must live or work in the 76th Assembly District, which includes Upper East Side, Yorkville, and Roosevelt Island.



Please visit nyassembly.gov/Seawright or scan the QR code to nominate a woman you know who has made a difference in your life or the lives of others.



ASSEMBLY MEMBER REBECCA A. SEAWRIGHT

1485 York Avenue, New York, NY 10075
212-288-4607 • seawright@nyassembly.gov

[RSVP for the Women of Distinction Awards Ceremony Here](#)

[Click here to make your nomination](#)

Consider Our Office Your Resource



APPLY NOW!

2026 Target x Shipt Garden Grants Program



Now Accepting Applications in Select Markets

- The 2026 Target x Shipt Garden Grants Program will seed new urban gardens and restore existing gardens in select metro areas.
- By opening Garden Grants, Target and Shipt are supporting up to 50 community-led urban garden projects across Chicago, Detroit, New York, and Birmingham, Ala. Grant awards will be **\$6,000** each.

Supporting Community-Led Solutions

- Urban gardens play a vital role in strengthening communities, bringing neighbors together across generations, and connecting people to fresh food.
- Through this grant program, Target and Shipt are supporting neighborhood vitality by investing in the spaces and organizations that help everyday life flourish in the communities we call home.

Who should apply

- Accredited K-12 schools
- 501(c)(3) nonprofit organizations serving senior living communities or community-based organizations leading or planning an urban garden initiative



What the grant covers

- Garden infrastructure such as raised beds, irrigation, and fencing
- Soil, seeds, and garden tools
- Enhancements to launch, restore, or expand existing garden spaces
- Garden-based curriculum materials
- Community workshop supplies

How to apply

Visit www.shipt.com/gardengrants to learn more and apply

Key dates

- Applications open **March 16, 2026**, and close **April 10, 2026**
- Grant awards will be announced in **May 2026**

COMMUNITY BOARD 8 MANHATTAN presents

Submission
deadline
April 20

Open Call for Spring Art Show on the Upper East Side



Show Date:

Saturday, June 6, 2026

Rain date: Sunday, June 7, 2026

Location:

James Cagney Place

E. 91st Street

Between 2nd and 3rd Ave.

Submit photo samples of your visual artwork by **April 20th** to go.cb8m.com/artshow or use the QR code on this flyer



FREE to apply and participate
No drop-in vendors at the show!



 www.cb8m.com

 [@CB8M](https://twitter.com/CB8M)

 [@CB8Manhattan](https://www.instagram.com/CB8Manhattan)



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID
AND YOUR WITNESSES IF YOUR
DOCUMENT REQUIRES THEM

Thursday, April 16, 2026

9:00am to 4:30pm

The Office of Assembly Member

Rebecca Seawright

1485 York Avenue

New York, NY 10075



Call to schedule a no-cost mammogram!

212-288-4607

ELIGIBILITY:

Women ages 40- 75

Currently living in NYC

- No mammogram in the past 12 months



Our services are at no-cost

- No co-pays or deductibles required. Uninsured patients are welcome
- Please bring a photo ID and insurance card (if insured)
- Medical services provided by Multi-Diagnostic Services

Funded by a grant from New York State Department of Health **Cancer Services Program** Your partner for cancer screening, support and education Additional funding provided by the generous support of the JALBCA, NBCF, NYC Council, NYC DOHMH, NYS Senate, RAR Foundation, and individual patrons.

**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



Virtual Rat Academy

Sponsored by

NYS Assembly Member
Rebecca Seawright

Friday, March 27th, 2026
10:00 AM - 12:00 PM.

Free training for:

- Building supers and staff
- Homeowners and tenants
- Managing companies
- Business owners

Learn about:

- Rat prevention methods

To sign up
Scan QR code below



* ATTENDEES WILL BE
ENTERED INTO A RAFFLE TO
WIN A RODENT-RESISTANT
NYC GARBAGE BIN! *

Upcoming Events



HSS

Register today!
Program is free of charge.

Greenberg Academy for
Successful Aging

Knee Pain

Thursday

March 26, 2026

10:30–11:30 am



Join Online or In-person

Register online at: communityed.hss.edu

For more information: call 212.774.7622 or email us at communityed@hss.edu

Knee pain, often caused by aging and joint wear-and-tear, can affect daily activities. Join us to learn:

- Different causes, and symptoms of knee pain.
- How we manage this condition at HSS,
- Question-and-answer session.

Join our monthly email list to be notified of future programming

To sign up:

https://bit.ly/learn_with_us

or call: 212.774.7622.

SPEAKERS

Lina Ibrahim, MD, MSc

Amy Li Xu, MD

Department of Orthopedic Surgery, HSS

This program is designed to give general information and does not provide individual medical advice.

[HSS Education Institute](#)



Weill Cornell Medicine, Cornell Tech and the Good Life on Roosevelt Island Association Present:

Incontinence & Bladder Weakness

While occasional urine leakage, a frequent or urgent need to urinate, waking multiple times at night to use the bathroom, or difficulty fully emptying the bladder can be common changes with aging, a variety of health, hormonal, and lifestyle factors can contribute to or worsen bladder weakness and incontinence over time. Importantly, untreated bladder control issues can affect sleep, confidence, physical activity, and social engagement, and may increase the risk of falls and other health complications.

Join Weill Cornell Medicine, Cornell Tech and the Good Life on Roosevelt Island Association (GLORIA) for a virtual session exploring bladder health and incontinence, including what it is, what causes it, how it is diagnosed, and practical strategies to manage symptoms through lifestyle changes and medical treatment options.

This event is FREE and open to the public

We hope you will join us virtually!

Tuesday, March 31 || 5:00 - 6:00 PM

Presented by:

Unwanaobong Nseyo, M.D., MHS
Assistant Professor of Urology
Weill Cornell Medicine

Register Online HERE or at bit.ly/WCMBladderWeakness
You can also register by scanning the QR code on this flyer.

Zoom information provided following registration.

For assistance via email, please email: communityaffairs@med.cornell.edu or Jane.Swanson@cornell.edu

For assistance via the phone, please call: Andrea Jackson at 646-342-6251.



In Case You Missed It: Past Editions of the Community Report

[Community Update: March 13, 2026](#)

[Community Update: March 6, 2026](#)

[Community Update: February 27, 2026](#)

[Community Update: February 20, 2026](#)

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