



## Top Five Reasons to Call My Office 518-884-8010



- 1. You are having trouble getting in contact or working with a New York State Agency
- 2. Assistance locating or applying for services you qualify for (i.e. senior resources, HEAP, veterans benefits, etc.)
- 3. You want to share your thoughts on a bill introduced, get a legislative question answered, or share an idea to improve something in our community
- 4. You would like to invite me or make me aware of a local event you're hosting (i.e. ribbon cuttings, community days, award ceremonies, etc.)
- 5. An organization you are involved with needs help applying for or locating state grants



## The Most Common Agency Issues We Can Help With

- Unemployment benefits
- Department of Motor Vehicles issues
- NYS retirement
- Department of Health questions
- Department of State/Division of Licensing Services
- Navigating DEC regulations
- Concerns with state roads/infrastructure

When you're not sure where else to turn, we can help point you in the right direction.



"I hear from community members all the time who are frustrated trying to get help from state agencies or to figure out what services they qualify for. That's what my office is here for, to guide you, answer your questions, and make sure you get the help you need. Don't hesitate to reach out. We're here to make sure you don't have to navigate it alone."

-Assemblywoman Mary Beth Walsh

## Please know that I am always here for you!

If you have any questions, comments, or concerns, feel free to reach out:
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