

Healthcare Resources for North Country Families & Seniors

From Assemblyman
Matt Simpson

NEW YORK STATE ASSEMBLY, ALBANY, NY 12248

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MATT
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STATE ASSEMBLY



New York State Programs To \$ave You Money

Coverage for Children & More:

Child Health Plus: Low or no-cost health insurance for uninsured children. Apply through NY State of Health (New York's official health insurance marketplace).

NY State of Health (one-stop shop for coverage): Shop and compare plans, apply for Medicaid, Child Health Plus, or the Essential Plan.

Call 1-855-355-5777 (TTY: 1-800-662-1220) or visit nystateofhealth.ny.gov. Free help from trained navigators is available.

Mental Health Support:

You are not alone. Free, confidential help is available 24/7.

Call or text 988 — the Suicide & Crisis Lifeline.

Visit health.ny.gov for:

- Public health services and information
- Vaccinations and preventive care
- Local health department contacts
- Disease prevention and wellness programs

More Resources from the New York State Department of Health:

Dental Services

Access free or low-cost dental care including cleanings, fillings, root canals and crowns through the NYS Essential Plan. Apply online or call 1-855-355-5777 for more info.

Prescription Savings:

EPIC or Medicaid (for eligible seniors) also help with prescriptions. For more information, visit www.health.ny.gov/health.care/epic/

New York Rx Card (free statewide discount card): Save up to 80% on prescriptions at participating pharmacies. Download or print your card instantly at newyorkrxcard.com.
(This program is privately supported and is not insurance.)

TrumpRx (federal program): Access deep discounts and coupons on hundreds of brand-name and generic medications. Search for savings and generate printable coupons at trumpix.gov.

Home Care Services:

Managed Long Term Care (MLTC) plans help thousands of New Yorkers stay safely in their own homes with Medicaid-covered personal care, home health aides, and other support services. **Contact your local Department of Social Services or NY Medicaid Choice at 1-888-401-6582** to see if you or a loved one qualifies.

**PROGRAMS TO HELP
LOWER HEALTH CARE COSTS**

I'm always happy to hear what you think about how I can best serve you in the state Assembly. If you have any comments, questions or concerns on this or any state issue, please don't hesitate to visit my office at:
4 Southwestern Ave., Suite 3, Queensbury, NY 12804 or call 1-518-792-4546

**MATT
SIMPSON**
STATE ASSEMBLY