Important Local Contacts

NEW YORK STATE OFFICE FOR THE AGING	aging.ny.gov	
NEW YORK STATE DEPARTMENT OF HEALTH The Official Health Plan Marketplace	1-855-355-5777	
NY CONNECTS: Your link to Long-Term Services and Supports	1-800-342-9871	
U.S. GOVERNMENT AGENCIES		
Federal Information Center (for all locations)	1-800-333-4636	
Health Care Fraud Hotline (Inspector General)	1-202-418-3300	
Internal Revenue Service - Information Line	1-800-829-1040	
Lawyers' Fund for Client Protection		
Т	TY 1-800-325-0778	
Department of Veterans Affairs	1-800-827-1000	
TOLL-FREE HELPLINES & OTHER IMPORTANT NUMBERS		
AARP	1-202-434-2277	
Alliance for Aging Research	1-202-293-2856	
Alzheimer's Association	1-800-272-3900	
Leading Age	1-202-783-2242	
American Cancer Society Response Hotline	1-800-227-2345	
American Diabetes Association	1-800-342-2383	
American Diabetes Assoc. Professional Membership and Subscription Line	1-800-232-3472	
American Heart and Stroke Association	1-800-242-8721	
American Lung Association	1-800-586-4872	
Arthritis Foundation Information Line	1-800-283-7800	

Medicare and Medicaid Services Hotline 1	-800-MEDICARE
	(1-800-633-4227)
National Cancer Institute	1-800-422-6237
National Consumer Voice for Quality	
Long-Term Care	1-202-332-2275
National Hospice Organization	1-800-658-8898
National Institute on Aging	1-800-222-2225
Parkinson's Disease Foundation	1-800-457-6676
NYS Division of Veterans' Affairs	1-888-VETS-NYS
	1-888-(838-7697)
DELAWARE COUNTY OFFICE FOR THE AGING:	
97 Main Street, Suite 2, Delhi, NY 13753-1066 - 607-832-5750	

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HERKIMER COUNTY OFFICE FOR THE AGING: 109 Mary Street, Suite 1101, Herkimer, NY 13350-2924 - (315) 867-1121

ONEIDA COUNTY OFFICE FOR THE AGING: 120 Airline Street, Suite 201, Oriskany, NY 13424 - (315) 798-5456

ORANGE COUNTY OFFICE FOR THE AGING: 40 Matthews Street, 3rd Floor - Suite 305, Goshen, NY 10924 - (845) 615-3700

OTSEGO COUNTY OFFICE FOR THE AGING: Meadows Office Complex, Suite 5, 140 Co Hwy 33W, Cooperstown, NY 13326 -(607) 547-4232

SULLIVAN COUNTY OFFICE FOR THE AGING: 100 North Street, P.O. Box 5012, Sullivan County Government Center, Monticello, NY 12701-5012 - (845) 807-0241

ULSTER COUNTY OFFICE FOR THE AGING: 1003 Development Court, Kingston, NY 12401 - (845) 340-3456

Contact Assemblyman Brian Miller:

4747 Middle Settlement Road, New Hartford, NY 13413 - 315-736-3879 • 14 Central Ave, Suite 101, P.O. Box 247, Wallkill, NY 12589 - 845-895-1080 LOB 544, Albany, NY 12248 - 518-455-5334 millerb@nyassembly.gov

What is **EPIC**?

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health.

To join EPIC, a senior must:

- Be a New York State resident;
- Have an annual income below \$75,000 if single or \$100,000 if married;
- Be enrolled or eligible to

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enroll in Medicare Part D (no exceptions); and

• Not be receiving full Medicaid benefits.

For more information regarding the EPIC program, http://on.ny.gov/2Aye3o8 or call 1-800-332-3742 (TTY: 1-800-290-9138). New York Sta Albany, NY 12

SENIOR RESOURCE GUIDE



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Golden Park Program

If you are a New York State resident 62 or older, on any weekday (except holidays) you can obtain:

- Free vehicle access to many state parks, boat launch sites and arboretums and
- Fee reduction to state historic sites and state-operated golf courses.

You can do the above simply by presenting your currently valid New York State Driver License or New York State Non-Driver Identification Card.*

For locations with pay stations, please contact the facility directly for information. For information about facilities where this program is valid, contact:

New York State Parks Albany, NY 12238 518-474-0456 TTY/TDD through 711 Relay Service

*A New York State Driver License or a New York State Non-Driver Identification Card may be obtained from your local Motor Vehicle office. You may want to contact them first to be certain you bring the required forms of identification.

What is **RSVP**?

THE RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

- It provides life-changing opportunities for volunteers aged 55 and over.
- It helps meet the critical needs of communities by mobilizing thousands of volunteers who provide service.
- It strengthens public and

WHAT IS NY Connects?

NY Connects helps anyone who needs information on long-term services and supports individuals with disabilities, older adults, family members and caregivers, friends or neighbors, veterans, and helping professionals.

NY Connects can help you ...

- Find care and support
- Remain independent
- Understand care options
- Find transportation
- Learn about supports in caregiving

Senior Citizens Real Property Tax Exemption

Local governments and school districts in New York State can opt to grant a reduction on the amount of property taxes paid by qualifying senior citizens. This is accomplished by reducing the taxable assessment of the senior's home.

To qualify, seniors generally must be 65 years of age or older and meet certain income limitations and other requirements. To see if your locality provides a tax exemption, call your local assessor.

nonprofit agencies by matching skilled volunteers with vital programs and services.

- Find supported employment programs
- Get answers about Medicare
- Apply for medical and other benefits

For more information about these programs, please contact NY Connects at 1-800-342-9871 or online at www.nyconnects.ny.gov, or contact your local county's office for the aging. **Contact Assemblyman Brian Miller:**

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