Assemblyman Al Stirpe hosts his 7th Annual Lifesavers Party and Health Fair

Assemblyman Stirpe donates blood at a previous Lifesavers Party and Health Fair

Tuesday, July 16 • Noon - 8 p.m.PRIVER'S 5885 East Circle Drive, Cicero

Enjoy FREE health seminars, screenings and live music. Refreshments and prizes available for blood donors.

Did you know?



A single donation can help save up to three lives » Every two seconds someone in the U.S. needs blood

- » Blood donation is a simple four-step process that only takes about an hour: registration; medical history and mini physical; donation; and refreshments
- » Blood donors must:
 - » be at least 17
 » weigh at least
 » have a clean
 » bring a valid
 years old
 110 lbs.
 bill of health
 photo or
 signature ID
- » To sign up, contact Assemblyman Stirpe's office by phone at 452-1115 or email at stirpea@assembly.state.ny.us.
- » Last scheduled Blood Donor appointment will be at 7 p.m.

First-time donors are welcome!

Shuttle service will be available from the event parking areas to Driver's Village Entrance between 11:30 a.m. – 3:30 p.m.

Event Schedule



For more information about this or any other community issue, contact Assemblyman Stirpe's office at 452-1115.

Please call 452-1115 to register ahead of time. Walk-ins will be welcome if space is available.

Free Seminars

Time	Organization	Description
Noon - 1 p.m.	Upstate Medical University & Healthlink	Exercising the Aging Brain
1 - 1:30 p.m.	COPD Advocacy & Support Group - ZephyrCuse	Introduction to COPD and How to Self-Manage
1:30 - 2:15 p.m.	St. Joseph's Hospital	Concepts of Medical Home
2:30 - 3:30 p.m.	Alzheimer's Association	The 10 warning Signs of Alzheimer's
3:30 - 4 p.m.	Onondaga County Department of Aging & Youth	Updates on Medicare
4 - 4:45 p.m.	Crouse Hospital	The Benefits of the New Mammography Screening Guidelines and 3-D Mammography
5 - 5:45 p.m.	Crouse Hospital	Getting Back in Balance
6 - 7 p.m.	Upstate Medical University & Healthlink	Learn How to Be Well for the Rest of Your Life

Free Screenings

Crouse Hospital	Heart Health Screenings for Adults Blood Pressure, Total Cholesterol and Glucose (non-fasting - results in 15 minutes)	
National Kidney Foundation	Blood Pressure Screenings	
NYS Comptroller's Office	Unclaimed Funds	
Aurora of CNY	Vision Screening	
American Cancer Society	Skin Screening	

Health Fair Participants

- » AARP
- » Alzheimer's Association-CNY
- » American Cancer Society
- » American Red Cross
- » Aurora of CNY
- » CNY COPD/Alpha-1 Support Group
- » Crouse Hospital
- » Food Bank of CNY

- » Healthy NY-Benefit Specialists
- » Hospice of CNY
- » National Kidney Foundation of Central New York
- » NAVAC
- » North Area Meals on Wheels
- » NYS Comptroller-Unclaimed Funds
- » Onondaga County Department of Aging & Youth

- » Onondaga County Sheriff's Office
- » Onondaga County Department of Health
- » PACE
- » Sanofi Oncology
- » St. Joseph's Hospital Tobacco Cessation
- » St. Joseph's Hospital Health Center
- » Upstate Medical University