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# Donate blood save a life.



Please  
Help Support a  
**Red Cross  
Community  
Blood Drive**  
In Chemung County!



ASSEMBLYMAN  
PHIL  
**PALMESANO**

# Upcoming Community Blood Drives in Chemung County:

**December 6, 2019**

**Gardner Road Elementary**

541 Gardner Rd., Horseheads  
3:00 p.m. - 7:00 p.m.

**December 11, 2019**

**Quality Inn**

2666 Corning Rd., Horseheads  
11:30 a.m. - 6:30 p.m. in the Upstairs Ballroom

**December 18, 2019**

**American Legion Post 442**

71 Old Ithaca Rd., Horseheads  
12:30 p.m. - 5:30 p.m. in the Banquet Room

**WALK-INS  
WELCOME!**



A S S E M B L Y M A N

PHIL  
**PALMESANO**



Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16 - 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Have not gotten a tattoo within past 12 months

**Questions about the blood drives?**

Contact: Francis Hernandez 607-227-3397



**American Red Cross**

**For other questions or  
concerns, contact  
Assemblyman Palmesano:**

105 East Steuben Street  
Bath, NY 14810

(607) 776-9691

[palmesanop@nyassembly.gov](mailto:palmesanop@nyassembly.gov)