

New York State Assembly Albany, NY 12248

Donate blood save a life.



Join
NYS Assemblywoman
Marjorie Byrnes & the
American Red Cross for a
**Community
Blood Drive**



Marjorie
Byrnes
ASSEMBLYWOMAN

PRSRT STD.
US Postage
PAID
Albany, NY
Permit No. 75

Assemblywoman Marjorie Byrnes & the American Red Cross are conducting a Blood Drive

Thursday, August 22
2:00 p.m. – 7:00 p.m.
Sparta Center United Methodist Church
8455 Rte. 256, Sparta

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16 - 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Have not gotten a tattoo within past 12 months (unless applied in New Jersey)



Marjorie
Byrnes
ASSEMBLYWOMAN

Please visit
redcrossblood.org
to schedule an appointment.

**WALK-INS
WELCOME!**



For other questions or concerns, contact Assemblywoman Byrnes:

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American Red Cross